



What's been updated in *Be Proud, Be Responsible*, Fifth Edition?

It is our goal at ETR to keep the evidence-based programs we publish up to date and relevant for today's youth, while maintaining fidelity to the core components and key characteristics linked to effectiveness.

For 2016, ETR has reviewed *Be Proud, Be Responsible* and made the following changes:

- The curriculum has been returned to its original focus on HIV prevention, and does not include pregnancy prevention or detailed information about other sexually transmitted diseases.
- Timing issues have been addressed to keep the modules at 50 minutes in length.
- The refusal skills model acronym has been returned to SWAT (*Say no, explain Why, provide Alternatives, Talk it out*) as taught in the original evidence-based curriculum.
- HIV information has been updated to include current recommendations for testing and treatment.
- Facilitator scripts and instructions have been reviewed for trauma-informed language, inclusivity and sensitivity toward LGBTQ youth.
- Additional facilitator notes have been added on refusal skills and consent for roleplay practice, encouraging teachers to foster respect and mutual responsibility when teaching refusal skills.
- A new appendix on Supporting a Trauma-Informed Approach to Sexuality Education has been included.
- A section on Adapting This Program for Your Population was added to the front matter to briefly suggest potential green-light adaptations and define and caution against yellow- and red-light adaptations.