



**The most recent national data suggests that rates of HIV infection rates among women & girls have decreased.**

Early HIV diagnosis helps people stay healthy and live longer. It also helps prevent the spread of HIV to others.

Ask your doctor for the HIV test as part of your regular medical and prenatal care for you and your family.

Many mobile and satellite clinics, and community based organizations offer free or low cost HIV testing and free condoms.

**If you or someone you love is living with HIV ask your provider about PrEP!**



**Offer the opportunity to know.**

### **Be in the Know About HIV**

Condoms and early detection are critical to continue to decrease exposure and increase survival rates, especially among the African American community which has the highest rates of infection overall and for women & girls.



### **HIV Among Women & Girls**

From 2009 through 2012, the CDC's annual estimated number of diagnoses of HIV infection among **women and girls (< 13 years of age) decreased. However it is important to know that:**

- 74% of HIV transmission among women & girls is from heterosexual contact. If you are sexually active use condoms.



- 83% of HIV infected children were infected perinatally through their mothers. If you are pregnant get tested.

### **It Is Never Too Late to Protect Yourself & Your Children**

Testing and early detection and treatment help to slow the disease and increase survival rates.

Talk with your partner about their sexual history and get tested together.

For more information and to get involved, please visit, [www.womenshealth.gov/nwghaad/](http://www.womenshealth.gov/nwghaad/).

